

# HOW TO SURVIVE THE HOLIDAYS (help the earth)

Some not-so-jolly facts from Christmas Past:

- 🕒 Last year **1 billion dollars worth of unwanted gifts** ended up in storage or in the garbage
- 🕒 The amount of **trash thrown away doubles** to 2 million tons each week during the holidays.
- 🕒 Holiday cards account for 750 million pieces of extra mail—the equivalent of **300,000 trees**.
- 🕒 More than 100 pounds of food per person is wasted. That is **28 billion pounds of edible food wasted** nationwide.

There are, however, lots of things you can do to make a difference, starting with your Christmas Present:



- 👉 Choose your gifts wisely. (This is where the thought really does count.) Buy only items that you know are wanted and will be used, not just the latest fad or 'something for the sake of buying something'.
- 👉 Choose durable, reusable toys and gifts that have universal appeal and will last for decades. Also, look for wooden toys, not plastic and avoid items in excessive packaging or which consume lots of batteries.
- 👉 Choose gifts that benefit the environment like handmade, homemade, natural and sustainable items. (see 'local green giving guide' below for a start)

- 👉 Move beyond giving 'things' for Christmas. Try tickets to a show, gift certificates at a favorite restaurant, a day at the spa or a visit to a masseuse, or take someone else's kids to the zoo (a double gift!). Lift tickets are a great idea in Utah.
- 👉 For the environmentally minded on your list, give a membership in their favorite organization or pick one you think they'll like. (There are countless, but we like Recycle Utah!). Check out 'Have a cow for Christmas' on page 1.
- 👉 Get creative wrapping gifts. Use recycled paper and boxes. Reuse tissue, bags and ribbons. Try old maps, the comics section or stamp your own paper. Decorate gifts with flowers.
- 👉 Plan your parties carefully, and be sure to share the leftovers. Decorate your recycling bins and put them out in the open to make them easy for your guests to use.

With a little effort and a little thought, we can all make the holidays easier on the earth, and ensure a happy, prosperous and sustainable Christmas Future.

(facts from Natural Home, Nov/Dec 2003 and many sources online)

## Local Green Giving Guide

**Your Planet**—features environmentally sound, socially responsible gifts from around the world, including original artwork made from discarded materials such as scrap metal, telephone wire and discarded bicycles. Downtown Library, 210 East 400 South, Salt Lake City. [www.yourplanet.ws](http://www.yourplanet.ws)

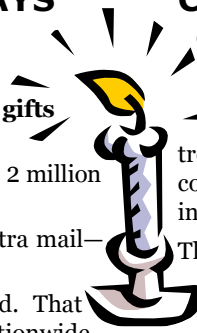
**Ten Thousand Villages**—provides vital, fair income to Third World people by marketing their handicrafts and telling their stories in North America. 2186 S. Highland Drive (1100E), Salt Lake City. [www.tenthousandvillages.com](http://www.tenthousandvillages.com)

**Recycle Utah**—We've got mugs, recycled bags, composters and recycling bins for sale, or consider a gift membership.

For many more 'green buys' visit [www.greengiftguide.com](http://www.greengiftguide.com), prepared by the California Department of Conservation.



# Christmas Tree Conundrums



Christmas is coming and along with the myriad decisions you've got to make—will Dad like the yellow tie or the red better, should we invite our strange Aunt Gertrude for dinner, how much eggnog can 18 in-laws drink?—you also need to decide what sort of tree you'll have. Assuming you can't find that perfect aluminum cone that's available wherever Charlie Brown lives, you'll be choosing between a live tree, a cut tree or an artificial tree.

The benefits of a live tree are that it lasts for many years, provides wildlife habitat and adds value to your home. The challenges are that they are heavy and difficult to move due to the root ball and can only live indoors for about a week. A live tree must be properly taken care of and planted to survive. Choose a live tree only if your primary goal is to have a new tree planted in your yard and you're willing to do what it takes to care for it.

Those of us not interested in landscaping during the holidays will need to choose between a cut tree or an artificial tree. You may be surprised to learn that choosing a cut tree actually benefits the environment (as long as you recycle it!). And, the smell of a cut Christmas tree is simply unbeatable.

Christmas trees are grown on tree farms, the majority of which would otherwise be in pasture or annual field crops, not forest! Christmas tree farms help minimize soil erosion, protect water supplies and quality, and provide habitat for a variety of wildlife. One acre of Christmas trees produces the daily oxygen requirements for 12 - 18 people. Cut trees can last four to six weeks inside if properly watered.

If you already have an artificial tree, use it or donate it to a charity or thrift store so it will be used. Whatever you do, don't buy a new one! Artificial trees are made from petroleum products (plastic) and are not recyclable. Swedish researchers have found that the environmental impact of an artificial tree is 20ELU - Environmental Load Unit - while that of the real tree is only 4.4ELU.

When the holidays are over be sure to recycle your tree into something useful. Don't let it go wasted into the landfill.



## Recycle Your Christmas Tree!

- **Mulch:** Your tree can be used as mulch for gardens, parks, animal stalls and general landscaping. See below for where to take it.
- **Gardens:** Your tree can be stripped down and used as support for growing tomato plants. The branches can also be used as protection for flower beds in the winter.
- **Bird Feeders:** A decorative use for your tree is to add the branches to bird feeders. It will add color and provide perches. Birds will come seeking both food and shelter.

Drop off trees for mulching from December 26 to January 15

**Park City:** Public Works Department, 2326 Holiday Ranch Loop Rd. Call 615-5300 for more information

**Summit County:** numerous locations - Call 615-3970 for information

**Jeremy Ranch:** Jeremy Store, **Silver Creek:** Bell's Sinclair Station, **Kamas:** Behind the Library **Oakley:** City Hall, **Coalville:** Sewer Plant, **Hoytsville:** Stock yards



# KNOW

RU provides: educational services, free compost-RU works with and educates the community to conserve natural resources, recycling workshops, drop-off centers in Park City, Kimball Junction, Coalville, Kamas and Heber City and Hazardous Waste Drop-off Events. Our "Good Wood" Project (at the Park City center) is the only program of its kind in Utah! Our main source of revenue is the generosity of our members.

# CONSERVE

especially water, energy & landfill space.  
 \* RU collects an average of 35 tons of glass per month!  
 \* RU has collected over 45,000 lbs of hazardous materials.  
 \* RU also accepts any kind of paper, cardboard, paperboard, aluminum, tin/steel and all plastics.  
**We also recycle batteries, moving boxes, Styrofoam peanuts, bubble wrap, cellular phones, mercury thermometers, and plastic bags.**

# ENJOY

**RU Membership Benefits:**  
 One year of *Trash Talk*, 10% reduction on RU merchandise, a handy jar opener w/ R.U. logo, Albertson's Community Partners Card, tax write off, and those green fuzzies for having done right."

## Recycle Utah Members

194 members paid in 2003

### Individual \$20

- Laurie Alexander
- Laura Alleman
- Kaye Allen
- Rita Baden
- Patrick Brennan
- Barbara Carey
- Andrea & Kuen Damiano
- Nisha Dawson
- Joey Dhaenens, On the Map
- Dee Ann Downing, Red Ant Works LLC
- Julie Felter
- Susan Feulner
- Jill R. Fletcher, Recycling Info. Office
- Todd Henneman
- Pamela Hilbert
- Liz Hoey
- Patricia Horyna
- Joe Kernan, Good Earth Recycling
- John Kernan
- Donna Kunkel
- Marlene Ligare
- Juliy Marie
- Fred Marshall, Fred Marshall Painting
- Sheila McEntee
- Nancy McLaughlin
- Kathy Musson
- Michael O'Hara
- William L. Plummer
- Jonelle Reid
- Evelyn Richards
- Pat Sanger, Arts-Kids, Inc.
- Michelle Sweet
- Timothy Thimmes
- Johnny Totten
- Joan Vanderwest
- Meeche White
- Robbie & Donald Zinn

### Family \$30

- Adams Family
- Brian & Peg Anderson
- Jim & Mary Antinori
- Thomas and Pamela Bakaly
- Allison Page & Ken Barfield
- Scott Becker
- Ann Benear
- David Bennett
- Brian Mischo & Rachel Blackham

- Catherine Blais, Mountainscape
- Laura Bonham
- Kent & Rebecca Bowen
- Wiggy & Tom Brennan
- William & Joyce Brown
- Joni Campbell & Paul Askins
- Paul & Michelle Carpenter
- Mark & Kristen Case & Family
- Bob & Denise Chesne & Family
- Steve & Val Chin
- Lesley Christoph & Ed Pouquette
- Walt Chudleigh
- Douglas Clyde
- Sharon Cowdrey
- Seabury & Wendy Davies
- Debra & Jim Davis
- Flint & Gail Decker
- John & Mary Demkowicz
- Richard Dudley
- Peter Dunmire
- Sally & Torch Elliott, Summit County Historical Society
- Kathy Emerson
- Craig Eroh & Sancy Leachman
- Marc Estabrook
- Tom & Lynn Fey
- Nancy & Gary Fichter
- Gerard & Linda M. Gebel
- Jean Glaser
- Trace & Patricia Gordon
- Cynthia K Guenther
- John & Juliana Hage
- Dave & Mary Hanscom
- Micheal & Paula Higman
- Anne Hoffman
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- Horie Family
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- Marianne Hviding
- Martin Jedlicka
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- Charles P. Klingenstein
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- Katherine Kwic
- John & Brenda Lake
- Jim & Cindy Lea
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- Paul Loberg
- Dan & Kathleen Lockwood
- Scott & Carol Loomis
- Jeff Louden & Peggy Cain

- Julia Loughlin
- Tami & David Macfarlane
- Jon Manwaring
- Stephen & Denise Markovich
- John & Nancy Matro
- Kathleen & Shana McQueen
- Art & Normandie Mindheim
- The Moffitt's
- The Moore Family
- Diane Murphy & Hutch Foster
- Lauren & Michael O'Malley
- Brett & Lori Mickelson
- Jodie O'Connor
- Phil & Karen O'Driscoll
- Karen & Bill Olsen
- Monica Schaffer & Mark Oraskovich
- Virginia & Gary Otteson
- Greg & MaryAnn Pack
- Russell Paskoski
- George & Loretta Paulus
- Susan Pearlstine
- Grant & Marina Pearsoll
- Bob & Lynn Peek
- Alice Pennels
- Bonnie Peretti
- Bob & Janet Peterson
- John M. Platt & Family
- John & Lavinia Ray
- Jeanne & Harry Reems
- Insa Riepen
- Carolyn & Phillip Rose
- Russell Family
- Ed Rutan
- Mr. & Mrs. Brent Sanford
- Thad & Andrea Satterfield
- Beth Ann & Paul Schneider
- Paul & Judy Schuh
- Jay & Andrea Shotwell
- Liza Simpson
- Carol Sletta
- Annette Sneed
- Liz Sprackland, Soldier Hollow School
- Kathy Stanger
- Joanne Staral
- Bruce King & Duna Strachan
- The Sturgis'
- Robert & Irene Terry
- Frank & Linda Thomas
- Teri Toelcke
- Maureen Traeger
- Steven & Senti Urry
- Robin Valline

- Tevy Vetter
- Jeff Volmrich
- Dick & Debby Walter
- Tom & Layla Ward
- Bob & Patti Wells
- Jean Wentzel
- Nancy Scott & Dale Whitton
- David & Kate Wiener
- Nick & Margaret Wright
- Ann & Scot Zimmerman
- Ann Zuspahn

### Corporate \$100

- Lori Adamski-Peek
- Jo & Dave Bateman
- Hugh Daniels, Old Miner's Lodge
- Tim & Corinne Early
- The Guiney Family
- Tim & Katherine Henney
- Gayle & Jim Higman
- Kathryn Lenton
- Dee & Kevin McCarthy
- Steve & Lori McDonald, Faceplant
- Peter Metcalf, Black Diamond Equipment
- David & Karen Murray
- Brian & Debbie Romano
- Joseph Sheridan, Crescent Mortgage
- Rhonda Sideris, R&R Properties
- Troy Stevens, Silver Mountain Mortgage
- Doug & Teri Whitney, Snow Flower Property Management
- Charlie Wintzer, Wintzer-Wolfe Properties
- 350 Main Brasserie
- Brennan & Shultz Painting L.C.
- EurOmni Design Construction
- Glenwild Real Estate
- Jack Johnson Co.
- Park City Board of Realtors
- PC Account Ability
- Snow Country Limousine, Inc.
- Stein Eriksen Lodge
- The Grub Steak Restaurant
- Three Kings Condos
- Western Container Roll Offs
- Soaring Wings Education Foundation

### Super Members & More!

- Catherine Nejad
- Snyderville Basin Water Recl. District
- X-Mission

**THINK GLOBALLY, ACT LOCALLY: RECYCLE UTAH MEMBERS DO IT 24/7!**

### Join Recycle Utah!

Recycle Utah provides recycling facilities, offers education and affects legislation while creating an effective waste stream model. Recycle Utah is a 501(c)(3) organization making donations tax deductible.

### Membership Benefits

A 10% discount on recycling bins and composters, a yearly subscription to our quarterly newsletter *Trash Talk*, a handy jar opener w/ R.U. logo, Albertson's Community Partners Card, tax write off. You directly help Recycle Utah recycle all the materials that are dropped off, especially any color glass and metals. You'll also get a warm fuzzy feeling by helping your community stay green.

Call us at 649-9698

### Recycle Utah Annual Membership and Bin Sponsorship Form

To enable Recycle Utah to meet the many sizeable challenges that lay ahead, I'm pleased to make a tax-deductible contribution in the amount of \$\_\_\_\_\_

- Individual Membership, \$20
- Family Membership, \$30
- Corporate Membership, \$100
- Super Membership, \$500
- 1/2 Bin Sponsorship, \$600
- Full Bin Sponsorship, \$1200

### Method of Payment

- Check
- In-Kind Trade (Double the cash value)
- Name \_\_\_\_\_
- Mailing Address \_\_\_\_\_
- Phone and e-mail address \_\_\_\_\_

- Yes, Please contact me about Recycle Utah's Educational Services.
- Yes, Please contact me about volunteering.
- Please do not publish my name in "Trash Talk"

PO Box 682998  Park City, Utah 84068  Tel: (435) 649-9698  Fax: (435) 658-1530  www.recycleutah.org

**Special Thanks To:**

*In support of the Recycling Center*  
**Summit County and Park City Municipal Corporation**  
*In support of our plastics program*  
**Raymond Family Foundation**  
*In support of our Hazardous Waste collection events*  
**S.B.W.R.D. & Rolls Royce Gear Systems**  
**The Copy Depot** for printing *Trash Talk*  
**Wayne Healey** for managing the Coalville bins  
**Norm Nelson** for providing accounting services  
**X-Mission** for providing internet services  
**Uinta Telecommunications** for donating repairs to our phones  
**Summit Institute** for providing a generous grant  
**Park Record, KPCW and Channel 8**  
 for their PSA's with our message.  
**PCHS Key Club & TMMS I.B. Students** for volunteering  
**Oakley School**, for weekly volunteering.

**We Appreciate Our Bin Sponsors:**

**Imagine Your Business' Name Right Here!**  
 Canyons Resort  
 Cole Sport  
 Deer Valley Resort  
 East West Partners  
 Frontier Bank  
 Geary Construction, Inc.  
 J.B. Mulligans  
 Park City Sunrise Rotary  
 Rotary Club of Park City  
 Park City Signs  
 Prudential Utah Real Estate  
 Raymond Family Foundation  
 Smith's  
 Stein Eriksen Lodge & Glitretind  
 Wal-Mart



How do you bring your groceries home?

The average American uses **700** bags a year! You're better than average aren't you!?!

Check out the 100% recycled, 100% reusable shopping bags available at RU.

**"Think Earth" Holiday Cards**

2002 Edition

Back by Popular Demand

12 different cards, with envelopes, only \$6!



Thanks to all participating schools and students:  
**Jeremy Ranch Elementary, McPolin Elementary, Parley's Park Elementary, Trailside Elementary, Park City Cooperative Preschool, The Colby School,**

**Soaring Wings Montessori, Park City Academy**

**Look What's Happening at Recycle Utah**

**Utah RC&D Council:** April 21-24, Water & Alternative Energy  
**Board of Trustees Meeting:** Once/month, 8:30 am @ RU  
**Computer Collection:** Starts again in April 2004  
**Hazardous Material Collection Event:** May 2004  
**Earth Day, Tree Seedlings, Water Festival:** Busy spring!

**Recycle Utah's Board of Trustees**

Flint Decker, President  
 Diane Murphy, Vice President  
 Marc Estabrook, Treasurer/ Secretary

**Board Members:**

Kris Anderson, Kathy Kinsman, Brett Mickelson, Annette Sneed, Michael O'Hara, Ted Russell, Bob Kaylor, Candace Erickson, Kevin Callahan

**Recycle Utah's Staff**

Executive Director: Insa Riepen  
 Operations: Shannon Beglin, Alan Flemming, Linda Gebel, Reid Kimball, Kent Sweeney

**Recycle Utah Volunteers**

Jo & David Bateman, Carolyn Frankenburg, Gerry Gebel, Jean Wentzel, Jean Glaser

*Trash Talk* is the quarterly newsletter of **Recycle Utah**, a membership-based, nonprofit organization. Our mission is to *promote, strengthen, and provide leadership in waste reduction, reuse, recycling and composting in Summit County, UT.*

Please contact us at 649-9698 to find out more about our services, publications, and resources.

Office Hours: M-F: 8-5pm, Sat: 10-2pm



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